

NANCY PINZON - CV

CURRICULUM VITAE

NANCY PINZON
P.O. BOX 1705, Harrisonburg, VA 22803 (Mailing Address)
Cell: 540-246-8155
LPC License # 0701006161 (Renewal May 2016)
Email: npinzoncounseling@gmail.com

OBJECTIVES

My commitment is to support communities by working with couples, at risk families, support our combat Veterans and other trauma victims (abused children and women). My experience includes group/individual therapy, family systems therapy work; substance use; trauma work/crisis intervention to resolve all levels of trauma. I have worked closely with the local Department of Social Services, and local Community Services Boards. I am fully bilingual in English and Spanish with strength in Cultural Competency. As a Licensed Professional Counselor, in private practice, I am able to assist individuals from collective societies; to include the Hispanic Community in the USA by way of 1) therapeutic services, and 2) psychological evaluations for immigrants to satisfy federal requirements in their immigration process. I am also committed to support individuals to strengthen their mental, emotional, and psychosomatic imbalances.

WORK EXPERIENCE

2015 – Mental Wellness Now, LLC
1363 North Main St. Harrisonburg, VA 22802
Executive Director

- - Licensed Professional Counselor – Private Practice/Mostly (but not only) Hispanic Population

2012 – *Children Services of VA. Crossroads Counseling Center*
250 E. Elizabeth St., Harrisonburg, VA 22802

Therapeutic Day Treatment Counselor - Harrisonburg High School (1 academic year - ongoing)

- Provided counseling and crisis intervention to high risk students.

Intensive In-Home Service Counselor (4 years)

- Provided counseling services to families in their homes

Outpatient Therapy Counselor

- Provided family systems therapy – couples therapy – therapy to adolescents in crisis.

2011 – *Bridgewater College, Bridgewater, VA.*
402 East College Street, Bridgewater, VA. 22812 – 540-828-8000
Adjunct Professor – Conflict Transformation

12/2010 – 01/2011 *Rockingham Harrisonburg Memorial Hospital (RMH), Harrisonburg, VA*
Psychiatric Emergency Services Team Clinician - Emergency Room

2010 to Present - *Children Services of VA – Crossroads Counseling Harrisonburg, VA*
250 E. Elizabeth St. Harrisonburg, VA 22802

MHC Master Level Clinician (Counselor in /Residency).

Position: Bilingual Mental Health Counselor for Intensive In-Home Services

2010 June/December - *Shenandoah Valley Juvenile Center*
Office of Refugee Resettlement

Division of Unaccompanied Children Services

300 Technology Drive, Staunton, VA 24401

Position: Mental Health Lead Clinician

2008 - 2010 - *Valley Community Services Board – PACT Division*
85 Sanger's Lane, Staunton, VA 24401

Position: Case Manager/ In addition, I underwent my MHC MS Internship by working with mentally ill clients exhibiting co-occurring and dual diagnosis disorders.

2005 - *Vital Energy Resources* – Harrisonburg, VA - Position: Director / Owner

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EDUCATION

Walden University –

- *Minneapolis, MN (Doctoral Program - Counseling Education and Supervision)*
Degree pending. (Undergone 2½ years of studies)
Counseling Education and Supervision
Non-Profit Management and Leadership (On Sabbatical 2012/ 2016)
- *Walden University – Minneapolis, MN (CACREP Certified)*
Degree conferred - MS in Mental Health Counseling
(Thesis title: Examining the Relationship between Counseling Program'
Chairs Perceptions of Therapeutic Hypnosis and the Presence of
Hypnosis Training in Counseling Curricula) 2009

Eastern Mennonite University – Harrisonburg, VA 2004

- Degree conferred -MA Conflict Transformation and Peace Building 2005
Concentration: Trauma Awareness – Crisis Intervention

Mary Baldwin College – Staunton, VA

- Degree conferred - BA Philosophy and Religion 2003
Thesis: *Colombian Armed Conflict and Drug Related Violence*

CERTIFICATES/LICENSES

- Clinical Supervision in Virginia – From Virginia Counselors Association 2015
- Licensed Professional Counselor (LPC) as of 05/11/2015 2015
- Trained and applied the Emotional Freedom Technique (EFT) 2014
- Hypnotherapy Recertification – David Elman Hypnosis 2012
- Sex Addiction Therapy – INOVA Training, Dr. Stephanie Carnes 2010
- Neurolinguistics Programming – First phase Rockville, Md. 2010
- Ericksonian Hypnosis & Brief Psychotherapy – Rockville, Md 2010
- Substance Abuse – Group Facilitation – VCSB, Staunton, VA 2009
- Anger Management –Anderson & Anderson, CA 2007
- Virginia Judicial System – Community Mediation Center, VA 2005
- Appreciative Inquiry – Peggy Holman, Seattle, WA 2004
- Workplace Conflict – Mediation Training Institute, NY 2003
- Rational Clinical Hypnotherapy – Miami Institute of Hypnotherapy, FL 1992

MEMBERSHIPS / AFFILIATIONS/VOLUNTEERISM

- Harrisonburg Free Clinic (Licensed Professional Counselor - Volunteer) 2016
- First Step Board of Director's member 2015
- Member of the Harrisonburg Diversity Council 2014
- HR Community Health Center Board of Director's member 2014
- National Guild of Hypnotists, Inc. 2012
- American Psychological Association, Alexandria, VA 2013
- National Alliance of Mental Illness, (NAMI) Arlington, VA 2013
- American Mental Health Counseling Association, MD 2013
- American Counseling Association 2013
- Harrisonburg Chamber of Commerce, VA 2013

ACHIEVEMENTS

- Author of "Más Allá del Dolor Emocional" ("Beyond Emotional Pain") 2015
- Authored "Solo Mí Alma" ("Only My Soul) – Motivational Poetry 2015
- Designed and presented a segment on Diversity for
 - Leadership Committee (Harrisonburg Chamber of Commerce) 2005
 - Served at the Hispanic Business Council.
- Facilitated trainings on Workplace Effectiveness for RMH/HDR 2005
- Performed Conflict Assessment for a Reentry program at the
Gemeinschaft Home, Harrisonburg, VA 2005
- Authored (Self-published) "Más Allá Del Dolor" ("*Beyond Pain*") 2003
- Performed large stage motivational conferences – Canada, USA, Peru,
Bolivia, and Colombia 1993

LANGUAGES:

Bilingual Strength (Cultural Competency):

- English: Speak and write fluently
- Spanish: Speak and write fluently